

# Periodontitis and Periodontal Therapy Info



*Your Hygienist and Doctor have diagnosed you with periodontitis and are recommending periodontal therapy. Below is an explanation of your diagnosis and the treatment required.*

## Periodontal Disease:

Periodontal disease is the infection of the gums and the bone. It is important to treat this disease as the gums/bone serve as the foundation for our teeth. Once diagnosed with periodontal disease you are classified as a patient with periodontal disease. Periodontal disease **cannot be eliminated, only controlled**. It is important to commit to our treatment and our treatment maintenance program to achieve optimal results.

Your Hygienist and Doctor have **recommended periodontal therapy, also known as a deep cleaning**, in order to treat your periodontal disease.

## Periodontal Therapy:

*Your hygienist will circle the type of therapy recommended for you*

1. 4 Quadrant Therapy
  - a. 2 visits , each 2 weeks apart
    - i. One section of your mouth at a time
  - b. 90 min per visit with local anesthesia
  
2. Half Mouth Therapy
  - a. 2 visits, each 2 weeks apart
    - i. The right side one visit, the left side the second visit
  - b. 1 hour per visit with local anesthesia

## After Therapy is Completed:

After treatment is completed, it is recommended that you see your hygienist **every 3 three months for supportive periodontal therapy**. Because you have been diagnosed with periodontitis your 6-month standard cleanings have now been replaced with **3-month supportive periodontal therapies (SPT)**.

## Frequently Asked Questions:

### ***“If I go through therapy, will I have to go through it again?”***

*We do not project repeated therapy. Your commitment to a diligent home care regimen and three-month supportive periodontal therapy appointments minimizes the risk of recurrence and need for repeated therapy.*

### ***“Will I ever be able to have cleanings every 6 months again?”***

*At every 3 month supportive periodontal therapy your hygienist will evaluate the health of your gums/bone and your homecare. With the doctor, the hygienist will determine the need for 3 month or 6 month visits.*